

# Year 7 PSHE Journey



Tolerance Assessment

Being a responsible citizen



## Term 6

Multicultural Britain

Racism

Decisions

Gender inequality



Personal health assessment

Self-esteem and mental health

Friends, family and relationships

Positive body image

Sleep



Healthy Eating



## Term 5

Personal choice x2

Puberty workshop

Personal hygiene



Smoking

Alcohol

## Term 4

World of work week

Drug education

Alcohol workshop

Vaping & E-cigs workshop



Internet safety

Cyberbullying

Reflecting on first term

Assessment

## Term 3

Sexism, misogyny & empowerment



Introduction to consent

Marine conservation

## Term 2

Year rep elections

British Values personal development Max respect



## Term 1

Founders' day service and scavenger hunt

Getting to know my form

Why We Vote & Form Rep Election



School Routines & Rules

